

## AGING & DISABILITIES SERVICES

Aging & Disability Resource Center ..... 715.485.8449  
(Toll free)..... 877.485.2372  
Adult at Risk & Elder Abuse..... 715.485.8400  
Alzheimer's Assn. Helpline ..... 1.800.272.3900  
Center for Independent Living For  
Western WI..... 800.228.3287  
Interfaith Caregivers of Polk County ..... 715.825.9500

## CHILD CARE

### Human Services Department

Child Care Provider /Certification..... 715.485.8400  
Child Care Assistance.....715.485.8876

## CLOTHING/HOUSEHOLD

### Thrift Stores

Amery – Worn Again ..... 715.268.6080  
Milltown - Nifty Thrifty ..... 715.825.7283  
SCF Restore – Habitat for Humanity..... 715.483.2700  
St. Croix Falls – Family Pathways ..... 715.483.2919  
We Do Feet (free furniture)..... 715.781.0622

## CHILDREN & FAMILY SERVICES

Adult Protection/Human Services.....715.485.8400  
Birth-to-Three Intervention..... 715.485.8585  
Child Protection/Human Services ..... 715.485.8400  
Child Support ..... 715.485.9297  
Family Resource Center St. Croix Valley ..... 715.684.4440  
Juvenile Justice/Human Services ..... 715.485.8400  
Kinship of Polk County ..... 715.405.3900  
Northern Waters Learning (Tutoring) ..... 715.405.7323  
Polk County Early Learning Center  
(Head Start) Early HS..... 715.485.3413  
Family Preservation & Support ..... 715.485.8833  
Sunrise Mediation Services ..... 715.268.4594  
St. Croix Chippewa Indians of WI ..... 715.349.2195  
Teen Care Crisis Intervention Program..... 800.491.8336  
University of Wisconsin Extension ..... 715.485.8600

## FINANCIAL SERVICES/RESOURCES

ADRC Benefits Specialist..... 715.485.8449  
Family Means Consumer Credit..... 800.780.2890  
Human Services/Economic Support..... 715.485.8876  
Polk County UW Extension ..... 715.485.8600  
The Salvation Army ..... 715.485.1221

## FOOD

### Food Shelves

#### Amery:

Amery Area Food Pantry, 230 Deronda St., 715.268.5999

#### Clear Lake & Clayton:

Lifeline Food Pantry, 560 5<sup>th</sup> St. .... 715.263.3846

#### Dresser:

People loving People, 103 E. Main St. .... 715.501.4657

#### Frederic:

Family Pathways Frederic Food Shelf, 1100 Wisconsin  
Ave S . .... 715.327.4425

#### Luck:

Loaves & Fishes Interfaith Food Pantry, 300 S. 1<sup>st</sup> St.  
..... 715.472.2003

#### Osceola:

The Open Cupboard, 402 2<sup>nd</sup> Ave..... 715.294.4357

#### St. Croix Falls:

St. Croix Falls Food Shelf, 809 Pine St ..... 715.483.9494  
SCF Food Shelf Family Pathways, 2000 US Hwy 8  
..... 715.483.2920

### Food Distribution

Ruby's Pantry, 201 Harriman Ave., Amery... 715.268.7390  
Ruby's Pantry, 210 E. Park Ave., Luck..... 651.674.0009  
[www.homeandawayministries.org](http://www.homeandawayministries.org)

### Food Share

Great Rivers Consortium ..... 888.283.0012

### WIC

Public Health Nutrition/WIC..... 715.485.8520

## HEALTH CLINICS

Amery Hospital & Clinic.....715.268.8000  
Clear Lake Clinic..... 715.263.3100  
Frederic Medical Clinic ..... 715.327.5700  
Grantsburg Clinic ..... 800.293.5353  
Luck Family Medical Clinic ..... 715.472.2177  
New Richmond Clinic ..... 800.942.0795  
Osceola Medical Center ..... 715.294.2111  
SCRMC..... 715.483.3221  
Tri-County Life Care Center ..... 715.755.2229  
Turtle Lake Clinic ..... 715.986.4101  
Unity Clinic..... 715.825.3278

### Hospitals

Amery Regional Medical Center.....715.268.8000  
Osceola Medical Center ..... 715.294.2111  
St. Croix Regional Medical Center.....715.483.3261

### Public Health Department

Birth to Three Early Intervention.....715.485.8581  
Family Health Benefits ..... 715.485.8500  
Reproductive Health.....715.485.8575

### Mental Health Resources Substance Abuse

Comprehensive list of providers at:

<http://www.mentalhealthpolk.org>

Polk County Mental Health/Chemical Dependency  
Services ..... 715.485.8400

## HEAT/UTILITIES

Department of Human Services/Economic Support  
..... 715.485.8480

## JOBS & EDUCATION

DVR – individuals with disabilities .....800.442.3477  
Endeavors Adult Development Center.....715.485.8764  
Experience Works (Employment  
Assistance) .....262.334.1635  
Northern Waters Learning Program.....715.405.7323  
University of Wisconsin-Extension.....715.485.8600  
Workforce Resource, Polk County.....715.485.3115

## LEGAL

Judicare ..... 800.472.1638  
 Probation & Parole ..... 715.485.3114  
 Melissa Megen, Attorney  
   Domestic Violence/Sexual Assault..... 715.415.0397  
 Victim Witness Program ..... 715.485.9266

## SHELTER/HOUSING

### Housing Authorities

Amery Housing Authority (Sec. 8)..... 715.268.2500  
 Clear Lake..... 715.263.3370  
 Frederic Housing Authority (Elderly/Disabled)  
 ..... 715.327.8490  
 Luck/Don Tomlinson (Elderly/Handicapped) 715.472.2299  
 Luck Housing Authority..... 715.472.2032  
 Milltown – (Elderly & Handicapped) ..... 715.831.3256  
 Polk Co. Housing Authority (Elderly/Disabled Only)  
 ..... 715.294.4243

### Homeless Shelters

CRA – Domestic Abuse..... 715.825.4414  
 Northwood’s Homeless Shelter, Amery ..... 715.268.5730  
 Serenity Home/Salvation Army  
   Balsam Lake..... 715.485.1221

### WESTCAP

Families in Transition Program ..... 1.800.606.9227  
[www.westcap.org](http://www.westcap.org)

### Veterans Services

Polk County ..... 715.485.9243

## TRANSPORTATION

Car Care Ministry ..... 715.268.7390  
   Assistance vehicle maintenance  
 Interfaith Caregivers ..... 715.825.9500  
 Northwest Transportation Specialists..... 1.866.907.1493  
 The Salvation Army ..... 715.485.1221  
 West CAP, Inc..... 800.606.9227  
   *Jump Start* assists low income families to get into  
   Reliable fuel efficient cars

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. UW-Extension provides equal opportunities in employment and programming including Title IX and ADA.

For corrections or additions contact:

*Polk County Family Preservation and Support*  
*Sue Sopiwnik*  
*(715)485-8833*

Or

*Gail Peavey*  
*Family Living Agent*  
*Polk County UW-Extension*  
*(715)485-8600*

This brochure can be downloaded at:

<http://polk.uwex.edu>

or:

[www.polkcountyhealthdept.org](http://www.polkcountyhealthdept.org)

click on WIC



## QUICK LIST

## Resources For Families

Make The Connection



Polk County, Wisconsin

## EMERGENCY CONTACTS

Fire – Police – Rescue & Ambulance ..... 911  
 Community Referral Agency, Inc. (Domestic Abuse –  
   Sexual Assault Crisis Line.....800.261.7233  
 Sheriff – Polk County.....715.485.8300  
 Sheriff’s Chaplains ..... 715.485.8300  
 ADRC (Aging & Disability Resource Center) .....  
   1-877.485.2372  
 Department of Human Services.....715.485.8400  
 Serenity Home/Salvation Army.....715.485.1221