Tdap Vaccine
*Tetanus, Diphtheria, and Pertussis*

**Why Get the shot?** To prevent problems:

- **Tetanus (Lockjaw)** - Your muscles tighten up in your body so it is hard to swallow and breath
- **Diphtheria** - The back of your throat gets coated which makes it hard to breath
- **Pertussis (Whooping Cough)** - Causes coughing spells, and makes it hard to breath and sleep

**RISKS**

With any medicine or shot there is a chance of side effects.

- Pain, redness or swelling where the shot was given
- Headache or tiredness
- Fever
- Unable to do usual activities
- Severe pain swelling, bleeding or redness where the shot was given

**When to get the shot**

First dose usually given between 11 and 12 years old

If you did not get the shot when you were 11 or 12 get it as soon as possible

Pregnant women should get the shot during every pregnancy

**Do NOT get the shot if:**

You have a seizure or coma with 7 days of getting childhood dose

You ever had a rash or trouble breathing after this shot

**If there is a serious problem:**

1. **CALL 9-1-1**
2. Report to the National Vaccine Injury Compensation Program 1-800-822-7967

**How can I Learn More?**

1. Ask your doctor for more information
2. Call the local health department (Polk County Health Department - 715-485-8500)
3. Call the Center for Disease Control and Prevention (CDC) - 1-800-232-4636 or visit www.cdc.gov/vaccines