

COMMUNITY RESOURCES

Great Rivers Consortium

888-283-0012 <https://access.wisconsin.gov>
Provides services to income eligible residents for Badger Care Plus, Energy Assistance, Daycare Assistance, and Food Share.

Resources for Families <http://polk.uwex.edu>

Provides brochure of resources in Polk County such as homeless shelters, housing, clothing, children & family services, financial, food, energy assistance, jobs, education, and disability services.

WESTCAP Families Transition Program

800-606-9227 www.westcap.org
Provides the following services to income eligible families JumpStart Car Program, rent/utility assistance, winterizing, and adult education assistance.

FOOD RESOURCES

Community Food Resource Pamphlet
<http://www.polkcountyhealthdept.org/services/wic-public-health-nutrition/>

HOUSING RESOURCES

Homeless Shelters

- CRA – Domestic Abuse 715-825-4414
- Northwoods Homeless Shelter 715-268-5730
- Salvation Army 715-485-1221
- Housing Authority

TRANSPORTATION

- Amery 268-2500 •Luck 327-2032
- Clear Lake 263-3370 •Osceola 294-3629

WI Non-Emergency Medical

866-907-1493 www.mtm-inc.net/wisconsin
Provides transportation services by MTM, INC. for eligible Medicaid and BadgerCare Plus members to their covered medical and therapy appointments.

- **Transportation**
Arranges transportation for an appointment.
- **Mileage Reimbursement**
Pays mileage after driving to an appointment. You must call before trip and submit your trip log within 60 days of the trip.

EARLY EDUCATION PROGRAMS

Family Resource Center St. Croix Valley

715-684-4440 www.frscsv.org
Offers parent education services to all families with children from birth to age 6. Programs include hospital and home visits, screenings, Play & Learn and Baby & Me classes, and Young Parent program.

MOPS (Mothers of Preschoolers)

www.mops.org
Offers tips and discussion about parenting and locations of local MOPS groups.

Polk County Early Learning Center

715-485-3413 www.cesa11.k12.wi.us
Provides services to income eligible families that focuses on school readiness, health/dental, family services, mental health, and nutrition.

- **Early Head Start**
Provides weekly home visits and socializations for expectant families and families with children age birth to age 3.
- **Head Start**
Provides full day 4K programming in collaboration with area school districts for 4 year olds and a combination of classroom and home visit services for 3 year old children.

St. Croix Tribal Head Start

715-349-2195 ext 5246 or 5247
Incorporates Ojibwe culture as it prepares 3-5 year old children for public school (including children with special needs) by promoting the development of social, emotional, and academic skills through a collaborative effort between parents and staff.

United Way Success By 6

www.pinterest.com/successby6w
www.facebook.com/uwscv
www.unitedwaystcroix.org/success_by_6.htm
Twitter handle - @UnitedWaySCV
Provides weekly updates to Pinterest, Facebook, and Twitter about child development, parenting, fun family activities, and great resources.

UW-Extension—Family Living Programs

<http://parenting.uwex.edu>
Helps explore responses to issues affecting families: financial security, positive parenting practices, and increasing access to safe and nutritious food.

LIBRARIES

Offers different opportunities such as story time, special events, book groups, and DVDs. Story time is a great way for children to learn new things while being read to and playing with other children.

- Amery 268-9340 •Frederic 327-4979
- Balsam Lake 485-3215 •Luck 472-2770
- Centuria 646-2630 •Milltown 825-2313
- Clear Lake 263-2802 •Osceola 294-2310
- Dresser 755-2944 •St Croix Falls 483-1777

CHILD CARE

Childcare Partnership

800-782-1880 www.childcarereferral.org
Provides a customized list of childcares in a family's area and how to choose safe child care.

WI Shares Child Care Subsidy Program

715-485-8400 www.dcf.wi.gov/childcare/wishares
Helps income eligible families pay for child care.

SPECIAL EDUCATION

Birth to 3 Program 715-485-8585

www.polkcountyhealthdept.org/services/birth-to-3
Provides free screenings and evaluations for children birth to 3 years old. Children who have a 25% developmental delay qualify to receive primary coaching services in their home or day care. The program requests permission to bill insurance.

Early Childhood Special Education

See Local School District for contact information.
Services children 3-5 years old who have a developmental delay. Children are evaluated in the child's school district of residence, then staff and parents review the evaluation and determine if the child qualifies for services and how best to meet the child's needs. Services are free.

REHAB THERAPY SERVICES

Provides occupational, physical, and speech therapy evaluation and therapy services.

Local Medical Clinics and Hospitals

See Local Medical Clinics for contact information.

SERVICES for CHILDREN with LONG TERM DISABILITIES

Children's Long Term Waiver Program and Family Support Program

715-485-8825
<https://www.dhs.wisconsin.gov/clts/index.htm>
Provides services, and financial assistance to children with severe long term disabilities.

Katie Beckett Program 15-682-7171 ext 43

<http://www.dhs.wisconsin.gov/ckbp>
Allows children with severe long-term disabilities, mental illness, or complex medical needs to get a Wisconsin Forward Health Medical card.

Social Security Income 800-772-1213

<http://www.dhs.wisconsin.gov/ssi/eligibility.htm>
Provides monthly payments for children with disabilities who meets Social Security's definition of disabled, and if the child's family's income and resources fall within the eligibility limits.

WI First Step for Children with Special Needs

800-642-7837 www.mch-hotlines.org
Provides help to find resources for children birth to 21 with special needs.

SCHOOL DISTRICT PROGRAMS

4 Year Old Kindergarten (4-K)

Provides a free preschool program for children who turn 4 years old by Sept. 1st. Offers a play-based program designed to let children be introduced to learning in a fun and safe way.

Community Education

Provides educational, social, recreational, and cultural opportunities to all children and adults. All the school districts offer different opportunities such as family field trips, swimming lessons, parenting classes, sports, and adult only classes.

- Amery 268-9771 •Luck 472-2153
- Clayton 948-2163 •Osceola 294-3457
- Clear Lake 263-2117 •St Croix Falls 483-9823
- Cumberland 822-5123 •Turtle Lake 986-4470
- Frederic 327-4221 •Unity 825-3515
- Grantsburg 463-2320

ABUSE and NEGLECT

Child Protective Services 715-485-8400
Investigates reports of child abuse and neglect. Assures that appropriate protective services are provided to abused and neglected children.

Community Referral Agency 800-261-7233
715-825-4414 www.crashelter.org
Offers services for victims/survivors of domestic violence and sexual assault. Services include temporary shelter, crisis line, support groups, advocacy, referrals to other resources, and education.

Drug Endangered Children (DEC)
www.wisconsindec.org www.nationaldec.org
Provides education, resources, drug identification, drug effects, how to identify and effects of DEC.

SUBSTANCE ABUSE, MENTAL HEALTH and SUICIDE

Mental Health America of Wisconsin
866-948-6483 www.mhawisconsin.org
Provides screenings for mental health and alcohol use, statewide resource by county, and fact sheets on mental health topics.

Mental Health Task Force
888-552-6642 www.mentalhealthpolk.org
Helps find mental health services, alcohol and drug counseling and treatment programs in the Polk County area. Information and resources for people in crisis, including suicide prevention and emergency housing.

Polk County Behavioral Health
715-485-8400 www.polkcountybehavioralhealthdept
Provides mental and behavioral health and substance abuse services.

Prevent Suicide Wisconsin
800-273-8255 www.preventsuicidewi.org
Provides a suicide hotline to call, resources, WI suicide facts, and WI coalition information.

POLK COUNTY

<http://www.co.polk.wi.us>
Provides a directory of all county services, tourism, and things to do in Polk County.

HEALTH and MEDICAL

Local Medical Clinics & Hospitals
Provides primary care, specialty care, emergency services, immunizations, prenatal class, breastfeeding support group and other health, nutrition, and education opportunities.

- **Amery Hospital and Clinic**
715-268-8000 www.amerymedicalcenter.org
- **Osceola Medical Center**
715-294-2116 www.myomc.org
- **St. Croix Regional Medical Center**
715-483-3221 www.scrmc.org

Polk County Health Department
715-485-8500 www.polkcountyhealthdept.org
• **Children and Family** 715-485-8500
Provides immunizations, lead poisoning prevention services, fluoride supplements, well water testing, postpartum home visits.

• **Reproductive Health** 715-485-8575
Provides contraception including emergency contraception and condoms, sexually transmitted infection testing/treatment, pregnancy testing, Pap Tests and Enrollment in Family Planning Only Services

• **WIC (Women, Infants, & Children)** 485-8520
Provides healthy foods, breastfeeding support, nutrition and feeding tips for families. WIC is available to income eligible pregnant women, new moms, and children birth to 5 years old.

ABC for Rural Health 715-485-8562
Provides Health Benefits Counseling services to help people enroll in BadgerCare, Medicaid, and the ACA Federal Marketplace. Assists with eligibility and benefit denials in private or public health plans.

NorthLakes Dental Clinic 715-554-0120
Provides children and adults who have Medicaid, or patients who qualify for a sliding fee scale with comprehensive preventative and restorative (fillings, crowns, extractions, etc.) procedures.

St. Croix Tribal Health Services
715-349-8554 www.stcciw.com/clinic
Provides services for Native American families including WIC, Honoring Our Children (HOC), pregnancy testing, immunizations, AODA, and mental health services. HOC provides home visits, health and parent education, case management, for pregnant woman, children 0–2 years, and their families.

Free Online Screening for your Child's Development

Development

Ages & Stages Questionnaires, Third Edition

Ages: birth - 5 years

Screens: all areas of development

Results: emailed to you within two weeks

Follow Up: If your child's score is "needs further evaluation" it will tell you to contact your health care provider to review the results with you.

Link: <http://es.easterseals.com/mtffc/asq>

Autism

Modified Checklist for Autism in Toddlers

Ages: 16 - 30 months

Screens: autism

Results: instant scoring online

Follow Up: If your child's score is "high risk" it will tell you to contact your health care provider to review the results with you.

Link: <http://www.m-chat.org>

The first five years are critical in a child's life. This is the most important time to get your child support for a developmental delay.

Call your child's health care provider if you have any concerns about your child's development.

Polk County



Early Childhood Family Resources

for families with children
birth to 5 years old

Thank you to the
Citizens Review Panel of Polk County
for funding the printing of this brochure.

This brochure can be downloaded at
www.polkcountyhealthdept.org/services/birth-to-3

Corrections or additions can be made by calling
715-485-8500

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