

## WIC PROGRAM

WIC provides:

- Wholesome foods for pregnant women, new moms, infants and children under 5
- Breastfeeding support
- Nutrition and feeding tips for families
- Referrals to other community services

### Polk County WIC

715-485-8520

Web: [www.polkcountyhealthdept.org](http://www.polkcountyhealthdept.org)  
(application form available on line)

## FARMERS MARKET NUTRITION PROGRAMS

Free vouchers for produce at certified vendors June-October.

### Senior Farmers Market Nutrition Program

for qualified individuals  
ADRC of Northwest Wisconsin  
Polk County Office  
877-485-2372

### WIC Farmers Market Program

for WIC participants  
Polk County WIC  
715-485-8520

## FOOD SHARE PROGRAM (FOOD STAMPS)

Great Rivers Call Center 888-283-0012

Web: [www.access.wisconsin.gov](http://www.access.wisconsin.gov)

For help with applying, call Maureen Wilson,  
FoodShare Specialist: 715-496-3121

## SENIOR DINING SITES/ HOME DELIVERED MEALS

Hot nutritious meals are offered to senior citizens at 2 locations in Polk County.

Meal delivery is provided for people 60+ years of age who are unable to go to dining sites, cook for themselves or who have no one to prepare meals for them.

### ADRC of Northwest Wisconsin

877-485-2372

## COMMODITY SUPPLEMENT FOOD PROGRAM

For low income qualifying seniors age 60+. Call to learn more about the program and be put on a waiting list.

### West Central Wisconsin Community Action Agency

715-265-4271

## SALVATION ARMY

**Backpack Program** - Eligible students receive a backpack full of foods weekly

Head Start, Amery, Clayton, Clear Lake, Frederic, Luck, Turtle Lake and Unity School Districts.

(St. Croix Falls and Osceola: Inquire at school)

**Emergency food needs also available**  
715-263-2900

## FREE OR REDUCED PRICE SCHOOL MEALS

Free or reduced price school breakfast and lunch are available to low income families. All children in households receiving benefits from FoodShare can get free meals. WIC families are eligible for reduced or free meals.

**Contact:** Your school's office

## COMMUNITY GARDENS

**St. Croix Falls:** For more information email [scfcommunitygarden@gmail.com](mailto:scfcommunitygarden@gmail.com)

Website:

<https://sites.google.com/view/scfcommunitygarden/>

Facebook [@scfgarden](https://www.facebook.com/scfgarden)

**Turtle Lake:** For more information contact

Donna Cordes 715-986-4697

Monica Graf 715-641-1798

## DO I QUALIFY FOR FOOD, NUTRITION AND OTHER PROGRAMS?

Check out the following website:

[www.access.wisconsin.gov](http://www.access.wisconsin.gov)

### Did we miss something?

If we missed a resource within Polk County, please call 715-485-8520

### Need more copies?

[www.polkcountyhealthdept.org](http://www.polkcountyhealthdept.org)

click on WIC

POLK COUNTY

## COMMUNITY FOOD RESOURCE DIRECTORY



 **PolkUnited**  
healthier together

## FOOD PANTRIES

### Amery Area Food Pantry

Amery School District  
230 Deronda Street, **Amery**  
715-268-5999

Call before 12:00 pm on Wed. for appointment  
(leave name & phone number on voice mail)

Mon	Tue	Wed	Thur	Fri	Sat
			2p - 6p		

### Lifeline Food Pantry

560 5th Street, **Clear Lake**  
715-263-3846

Emergency Contact (Gordon): 715-948-2776

Mon	Tue	Wed	Thur	Fri	Sat
		1p - 5p	12p - 4p		

### People Loving People

Open to all  
103 E. Main St, **Dresser**  
715-755-2300

Mon	Tue	Wed	Thur	Fri	Sat
11a - 1p		2p - 5p			11a - 1p

### Family Pathways Food Shelf

Frederic School District  
1100 Wisconsin Ave S, **Frederic**  
715-327-4425

For best service, call for appointment

Mon	Tue	Wed	Thur	Fri	Sat
	9a - 6p	12p - 6p	9a - 6p		9a - 12p

## FOOD PANTRIES (CONTINUED)

### Loaves & Fishes

Luck & Unity School Districts  
300 N 1st Street, **Luck**

Mon	Tue	Wed	Thur	Fri	Sat
	11a - 1p		11a - 1p		

### The Open Cupboard

Osceola & Dresser School Districts  
406 2nd Avenue, **Osceola**  
715-294-4357  
appointments available if unable to make walk-in times

Mon	Tue	Wed	Thur	Fri	Sat
9a - 12p		9a - 12p	11a - 4p		

### St. Croix Falls Food Shelf

St. Croix Falls & Dresser Elementary School Districts,  
Centuria, Cushing, & portions of Balsam Lake areas  
809 Pine St., **St. Croix Falls**  
715-483-9494

Mon	Tue	Wed	Thur	Fri	Sat
9a - 11a		3p - 6p		9a - 10a	

### Family Pathways Food Shelf

Dresser, St. Croix Falls, Centuria,  
Balsam Lake, Cushing, Milltown  
2000 US Hwy 8, **St. Croix Falls**  
Call in advance: 715-483-2920

Mon	Tue	Wed	Thur	Fri	Sat
9a - 5p	9a - 12p	9a - 6p	9a - 5p	9a - 5p	

## FOOD DISTRIBUTIONS

### Polk County Ruby's Pantry Sites:

[www.homeandawayministries.org](http://www.homeandawayministries.org)  
651-674-0009

\$20 donation/family for a box of  
surplus food and goods

### Home and Away Ministries

210 E Park Ave., **Luck**  
715-472-7770

*3rd Tuesday of the month*  
*Doors Open - 11:30 am*  
*Distribution - 12:00 pm-1:00 pm*

### Congregational Church

201 N Harriman Avenue, **Amery**  
[www.ameryucc.org](http://www.ameryucc.org)  
[office.ameryucc@gmail.com](mailto:office.ameryucc@gmail.com)

*2nd Saturday of the month*  
*Registration 7:00 am-9:30 am*  
*Distribution - 9:00 am-10:30 am*

Visit [www.rubyspantry.org](http://www.rubyspantry.org)  
for locations outside Polk County or  
to pre-register for a specific time slot  
and pay in advance.

## FREE COMMUNITY MEALS

### Georgetown Lutheran Church

877 190th Ave, **Balsam Lake**  
*3rd Thursday of the month*  
*12:00—1:30pm*  
715-857-5580

### West Denmark Lutheran Church

2478 170th Street, **Luck**  
Potluck Meal for visitors, guests, and those  
unable to bring food  
*Last Sunday of every month*  
*5:00 pm*  
715-472-2383

### Bone Lake Lutheran

1101 255th Avenue, **Luck**  
*3rd Wednesday of the month (Sept-May)*  
*5:30pm—6:30pm*  
715-472-2535

### United Methodist Church

306 River Street, **Osceola**  
*Last Wednesday of the month (Jan-Oct)*  
*(Not in Nov or Dec)*  
*5:30pm—6:30pm*  
715-755-2275

### Alliance Church of the Valley

1259 State Road 35, **St. Croix Falls**  
*4th Tuesday of the month*  
*5:00pm—6:30pm*  
715-483-1100